

PERSONAL INFORMATION

Verduci Elvira

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WORK EXPERIENCE

23/12/2013–Present

Ricercatore Universitario (RTD tipo B dal 1 Aprile 2017)

Dipartimento di Scienze della Salute, Clinica Pediatrica, Azienda Ospedaliera San Paolo-Milano

Referente per le problematiche nutrizionali e gastroenterologiche dell'attività di Reparto e dell'Ambulatorio di Nutrizione Clinica e di Gastroenterologia Pediatrica.

2017: Conseguimento dell'Abilitazione Scientifica Nazionale per la Seconda Fascia per il settore concorsuale SSD 06/G1 (Pediatria Generale e Specialistica e Neuropsichiatria Infantile) VALIDO DAL 10/04/2017 AL 10/04/2023

Dal 1 Ottobre 2017 il centro per l'obesità infantile presso la Clinica Pediatrica dell'Ospedale San Paolo è stato accreditato EASO (European Association for the Study of Obesity) Collaborating Centres for Obesity Management (COMs) Paediatric Section.

2017 – 2020 Membro del "Committee of Nutrition- European Society for Pediatric Gastroenterology, Hepatology and Nutrition (ESPGHAN)".

Dal 2017 Segretaria tavolo di Nutrizione della RIMMI con coordinamento delle attività progettuali e di stesura di PDTA inerente la gestione nutrizionale nella fisiologia e patologia del bambino.

Dal 2017 componente del tavolo di Gastroenterologia della RIMMI.

12/2013–12/2016

RTD tipo A Pediatria Dipartimento di Scienze della Salute Università degli Studi di Milano

01/11/2007–30/11/2013

assegnista di ricerca

Clinica Pediatrica dell'Azienda Ospedaliera San Paolo- Milano

Responsabile della ricerca sulla nutrizione che si svolge presso la Clinica Pediatrica dell'Ospedale San Paolo, in particolare con riferimento al programming nutrizionale e all'obesità essenziale in età pediatrica. Espleta l'attività dell'Ambulatorio di Endocrinologia Pediatrica.

19/11/2003–31/10/2007

Consulente Pediatrico

Clinica Pediatrica Azienda Ospedaliera San Paolo

Espleta l'attività ambulatoriale di Pediatria Generale e di Nutrizione Clinica Pediatrica

EDUCATION AND TRAINING

11/2003–11/2006

Dottore di ricerca in Nutrizione Sperimentale e Clinica

Università degli Studi di Milano

11/1998–10/2003

Specializzazione in Pediatria

Università degli Studi di Milano

11/1992–10/1998

Laurea in Medicina e Chirurgia

Università degli Studi di Milano

PERSONAL SKILLS

Mother tongue(s) Italian

Foreign language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
inglese	C1	C1	C1	C1	C1

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user
Common European Framework of Reference for Languages

Communication skills

Buona capacità di adattamento in ambiente multiculturali maturata attraverso le riunioni a cui partecipa inerente i progetti della comunità europea che sta seguendo.
Ottime capacità comunicative attraverso l'esperienza di relatrice a convegni nazionali e internazionali.

Organisational / managerial skills

Partecipa ed ha partecipato ai seguenti Progetti finanziati dalla Comunità Europea. In tali Progetti riveste ed ha rivestito un ruolo di coordinamento tra i Centri Europei e quelli Italiani coinvolti nello studio, partecipando a riunioni internazionali organizzative, e svolgendo attività' interattiva quotidiana con i diversi centri

Progetto "CHOP" (Childhood Obesity Program numero QLK1-CT-2001-00389)

Progetto EARNEST (EARlyNutrition programming- long term follow up of Efficacy and Safety Trials and integrated epidemiological, genetic, animal, consumer and economic research). Contratto no.: 007036.

Progetto NUTRIMENTHE (The Effect of diet on mental performance in children Contratto no.: 212652).

Progetto EARLY NUTRITION (Long term effects of early nutrition on later health. Progetto EU FP7-KBBE-2011-289346)

Job-related skills

Ha lavorato specificatamente in biologia molecolare sulla genetica delle sindromi iperfenilalaninemiche, frequentando il Laboratorio di Biologia Molecolare (Responsabile: D.ssa Maria Luisa Biondi, Primario: D.ssa Emma Guagnellini), Ospedale San Paolo, effettuando personalmente metodiche di estrazione del DNA da cellule di sangue periferiche, amplificazione dei geni dell'enzima fenilalanina-idrossilasi (tramite PCR) ericerca delle mutazioni genetiche attraverso utilizzo di enzimi di restrizione e metodiche di sequenziamento genetico. Ha inoltre appreso conoscenze di colture cellulari e di tecniche immunoistochimiche. Nel 2002 ha frequentato e partecipato all'attività pediatrica di Gastroenterologia e Nutrizione e di Malattie Metaboliche Congenite presso l' "Hopital Necker Enfants" a Parigi.

Digital skills

Buona padronanza degli strumenti di Microsoft Office
Buona padronanza del programma di statistica SPSS

ADDITIONAL INFORMATION

Dichiarazione

[Related document\(s\): dichiarazione firmata.pdf](#)

firma

Publications

ANNEXES

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Il sottoscritto è a conoscenza che, ai sensi dell'art. 76 del DPR 445/2000, le dichiarazioni mendaci, la falsità negli atti e l'uso di atti falsi sono puniti dal codice penale e dalle leggi speciali. Inoltre, il sottoscritto autorizza al trattamento dei dati personali, secondo quanto previsto dalla Legge 196/03."

Elvira Verduci

elenco pubblicazioni ultimi 5 anni.pdf

Articoli originali (ultimi 5 anni)

1. Lezo A, Capriati T, Spagnuolo MI, Lacitignola L, Goreva I, Di Leo G, Cecchi N, Gandullia P, Amarri S, Forchielli ML, Dipasquale V, Parma B, Gatti S, Ravaioli E, Salvatore S, Mainetti M, Norsa L, Pellegrino M, Fornaro M, Fiorito V, Lanari M, Giaquinto E, **Verduci E**, Baldassarre ME, Diamanti A. Paediatric Home Artificial Nutrition in Italy: Report from 2016 Survey on Behalf of Artificial Nutrition Network of Italian Society for Gastroenterology, Hepatology and Nutrition (SIGENP). *Nutrients*. 2018;10:1311.
2. Proserpio C, Pagliarini E, Zuvadelli J, Paci S, Re Dionigi A, Banderali G, Cattaneo C, **Verduci E**. Exploring Drivers of Liking of Low-Phenylalanine Products in Subjects with Phenylketonuria Using Check-All-That-Apply Method. *Nutrients*. 2018;10:1179.
3. Valerio G, Maffei C, Saggese G, Ambruzzi MA, Balsamo A, Bellone S, Bergamini M, Bernasconi S, Bona G, Calcaterra V, Canali T, Caroli M, Chiarelli F, Corciulo N, Crinò A, Di Bonito P, Di Pietrantonio V, Di Pietro M, Di Sessa A, Diamanti A, Doria M, Fintini D, Franceschi R, Franzese A, Giussani M, Grugni G, Iafusco D, Iughetti L, Lamborghini A, Licenziati MR, Limauro R, Maltoni G, Manco M, Reggiani LM, Marcovecchio L, Marsciani A, Del Giudice EM, Morandi A, Morino G, Moro B, Nobili V, Perrone L, Picca M, Pietrobelli A, Privitera F, Purromuto S, Ragusa L, Ricotti R, Santamaria F, Sartori C, Stilli S, Street ME, Tanas R, Trifirò G, Umamo GR, Vania A, **Verduci E**, Zito E. Diagnosis, treatment and prevention of pediatric obesity: consensus position statement of the Italian Society for Pediatric Endocrinology and Diabetology and the Italian Society of Pediatrics. *Ital J Pediatr*. 2018;44:88.
4. Luque V, Escribano J, Closa-Monasterolo R, Zaragoza-Jordana M, Ferré N, Grote V, Koletzko B, Totzauer M, **Verduci E**, ReDionigi A, Gruszfeld D, Socha P, Rousseaux D, Moretti M, Oddy W, Ambrosini GL. Unhealthy Dietary Patterns Established in Infancy Track to Mid-Childhood: The EU Childhood Obesity Project. *J Nutr*. 2018;148:752-759.
5. **Verduci E**, Bianchi A, Brambilla M, Calvani M. Egg introduction during complementary feeding according to allergic risk: not just for peanuts! *Ital J Pediatr*. 2018;44:77.
6. Totzauer M, Luque V, Escribano J, Closa-Monasterolo R, **Verduci E**, ReDionigi A, Hoyos J, Langhendries JP, Gruszfeld D, Socha P, Koletzko B, Grote V; European Childhood Obesity Trial Study Group. Effect of Lower Versus Higher Protein Content in Infant Formula Through the First Year on Body Composition from 1 to 6 Years: Follow-Up of a Randomized Clinical Trial. *Obesity* 2018;26:1203-1210
7. **Verduci E**, Moretti F, Bassanini G, Banderali G, Rovelli V, Casiraghi MC, Morace G, Borgo F, Borghi E. Phenylketonuric diet negatively impacts on butyrate production. *Nutr Metab Cardiovasc Dis*. 2018;28:385-392
8. Francavilla R, Cristofori F, Verzillo L, Gentile A, Castellana S, Polloni C, Giorgio V, **Verduci E**, D'Angelo E, Dellatte S, Indrio F. Randomized Double-Blind Placebo-Controlled Crossover Trial for the Diagnosis of Non-Celiac Gluten Sensitivity in Children. *Am J Gastroenterol*. 2018;113:421-430.
9. Gomes D, Luque V, Xhonneux A, **Verduci E**, Socha P, Koletzko B, Berger U, Grote V. A simple method for identification of misreporting of energy intake from infancy to school age: Results from a longitudinal study. *Clin Nutr*. 2018;37:1053-1060.
10. Closa-Monasterolo R, Zaragoza-Jordana M, Ferré N, Luque V, Grote V, Koletzko B, **Verduci E**, Vecchi F, Escribano J; Childhood Obesity Project Group. Adequate calcium intake during long periods improves bone mineral density in healthy children. Data from the Childhood Obesity Project. *Clin Nutr*. 2018;37:890-896.
11. Rzehak P, Covic M, Saffery R, Reischl E, Wahl S, Grote V, Weber M, Xhonneux A, Langhendries JP, Ferré N, Closa-Monasterolo R, Escribano J, **Verduci E**, Riva E, Socha P, Gruszfeld D, Koletzko B. DNA-Methylation and Body Composition in Preschool Children: Epigenome-Wide-Analysis in the European Childhood Obesity Project (CHOP)-Study. *Sci Rep*. 2017;7:14349.
12. Schwarzfischer P, Weber M, Gruszfeld D, Socha P, Luque V, Escribano J, Xhonneux A, **Verduci E**, Mariani B, Koletzko B, Grote V. BMI and recommended levels of physical activity in school children. *BMC Public Health*. 2017;17:595.
13. Ferré N, Rubio-Torrents C, Luque V, Closa-Monasterolo R, Grote V, Koletzko B, Socha P, Gruszfeld D, Langhendries JP, Sengier A, **Verduci E**, Escribano J; European Childhood

- Obesity Project Group. Influence of Feeding Types during the First Months of Life on Calciuria Levels in Healthy Infants: A Secondary Analysis from a Randomized Clinical Trial. *Ann Nutr Metab.* 2017;70:132-9.
14. Pawellek I, Grote V, Theurich M, Closa-Monasterolo R, Stolarczyk A, **Verduci E**, Xhonneux A, Koletzko B. Factors associated with sugar intake and sugar sources in European children from 1 to 8 years of age. *Eur J Clin Nutr.* 2017;71:25-32.
 15. Pérez-García M, Luna JD, Torres-Espínola FJ, Martínez-Zaldívar C, Anjos T, Steenwegde Graaff J, Weber M, Grote V, Gruszfeld D, **Verduci E**, Poncelet P, Escribano J, Tiemeier H, Koletzko B, Campoy C. Cultural effects on neurodevelopmental testing in children from six European countries: an analysis of NUTRIMENTHE Global Database. *Br J Nutr* 2017 7:1-9.
 16. **Verduci E**, Martelli A, Miniello VL, Landi M, Mariani B, Brambilla M, Diaferio L, Peroni DG. Nutrition in the first 1000 days and respiratory health: A descriptive review of the last five years' literature. *Allergol Immunopathol* 2017;45:405-413.
 17. Closa-Monasterolo R, Gispert-Llaurado M, Canals J, Luque V, Zaragoza-Jordana M, Koletzko B, Grote V, Weber M, Gruszfeld D, Szott K, **Verduci E**, ReDionigi A, Hoyos J, Brasselle G, Escribano Subías J. The Effect of Postpartum Depression and Current Mental Health Problems of the Mother on Child Behaviour at Eight Years. *Matern Child Health J.* 2017;21:1563-1572.
 18. Marangoni F, Galli C, Ghiselli A, Lercker G, La Vecchia C, Maffei C, Agostoni C, Ballardini D, Brignoli O, Faggiano P, Giacco R, Macca C, Magni P, Marelli G, Marrocco W, Miniello VL, Mureddu GF, Pellegrini N, Stella R, Troiano E, **Verduci E**, Volpe R, Poli A. Palm oil and human health. Meeting report of NFI: Nutrition Foundation of Italy symposium. *Int J Food Sci Nutr.* 2017;31:1-13.
 19. Baldi I, Soriani N, Lorenzoni G, Azzolina D, Dal Lago E, De Bardi S, **Verduci E**, Zanotti R, Gregori D. Research in Nursing and Nutrition: Is Randomized Clinical Trial the Actual Gold Standard? *Gastroenterol Nurs* 2017;40:63-70.
 20. Moretti F, Pellegrini N, Salvatici E, Rovelli V, Banderali G, Radaelli G, Scazzina F, Giovannini M, **Verduci E**. Dietary glycemic index, glycemic load and metabolic profile in children with phenylketonuria. *Nutr Metab Cardiovasc Dis.* 2017;27:176-82
 21. Riva A, Borgo F, Lassandro C, **Verduci E**, Morace G, Borghi E, Berry D. Pediatric obesity is associated with altered gut microbiota and discordant shifts in Firmicutes populations. *Environ Microbiol.* 2017;19:95-105.
 22. **Verduci E**, Banderali G, Peroni D, Lassandro C, Radaelli G. Duration of Exclusive Breastfeeding and Wheezing in the First Year of Life: a Longitudinal Study. *Allergol Immunopathol.* 2017;45:316-324.
 23. Borgo F, **Verduci E**, Riva A, Lassandro C, Riva E, Morace G, Borghi E. Relative Abundance in Bacterial and Fungal Gut Microbes in Obese Children: A Case Control Study. *Child Obes.* 2017;13:78-84.
 24. Lassandro C, Banderali G, Mariani B, Battezzati A, Diaferio L, Miniello VL, Radaelli G, **Verduci E**. Serum salicylic acid and fruit and vegetable consumption in obese and normal-weight children: a pilot-study. *Int J Food Sci Nutr.* 2016;2:1-6.
 25. Pawellek I, Grote V, Rzehak P, Xhonneux A, **Verduci E**, Stolarczyk A, Closa-Monasterolo R, Reisl E, Koletzko B, European Childhood Obesity Trial Study Group. Association of TAS2R38 variants with sweet food intake in children aged 1-6 years. *Appetite* 2016;107:126-34.
 26. Salvatore S, Barberi S, Borrelli O, Castellazzi A, Di Mauro D, Di Mauro G, Doria M, Francavilla R, Landi M, Martelli A, Miniello VL, Simeone G, **Verduci E**, Verga C, Zanetti MA, Staiano A, SIPPS Working Group on FGIDs. Pharmacological interventions on early functional gastrointestinal disorders. *Italian J Pediatr* 2016; 42:68.
 27. Damianidi L, Gruszfeld D, **Verduci E**, Vecchi F, Xhonneux A, Langhendries JP, Luque V, Theurich MA, Zaragoza-Jordana M, Koletzko B, Grote V. Protein intakes and their nutritional sources during the first 2 years of life: secondary data evaluation from the European Childhood Obesity Project. *Eur J Clin Nutr.* 2016;70:1291-1297.
 28. Gruszfeld D, Weber M, Gradowska K, Socha P, Grote V, Xhonneux A, Dain E, **Verduci E**, Riva E, Closa-Monasterolo R, Escribano J, Koletzko B; European Childhood Obesity

- Study Group. Association of early protein intake and pre-peritoneal fat at five years of age: Follow-up of a randomized clinical trial. *Nutr Metab Cardiovasc Dis.* 2016 Sep;26(9):824-32
29. Rzehak P, Saffery R, Reischl E, Covic M, Wahl S, Grote V, Xhonneux A, Langhendries JP, Ferre N, Closa-Monasterolo R, **Verduci E**, Riva E, Socha P, Gruszfeld D, Koletzko B; European Childhood Obesity Trial Study group. Maternal Smoking during Pregnancy and DNA-Methylation in Children at Age 5.5 Years: Epigenome-Wide-Analysis in the European Childhood Obesity Project (CHOP)-Study. *PLoS One.* 2016;11:e0155554.
 30. Gruszfeld D, Kułaga Z, Wierzbicka A, Rzehak P, Grote V, Martin F, Poncelet P, Closa-Monasterolo R, Escribano J, **Verduci E**, Riva E, Koletzko B. Leptin and Adiponectin Serum Levels from Infancy to School Age: Factors Influencing Tracking. *Child Obes.* 2016;12:179-87.
 31. Gispert-Llaurado M, Perez-Garcia M, Escribano J, Closa-Monasterolo R, Luque V, Grote V, Weber M, Torres-Espínola FJ, Czech-Kowalska J, **Verduci E**, Martin F, Piqueras MJ, Koletzko B, Decsi T, Campoy C, Emmett PM; EU Childhood Obesity Trial (CHOP) Study Group; NUHEAL Study Group. Fish consumption in mid-childhood and its relationship to neuropsychological outcomes measured in 7-9 year old children using a NUTRIMENTHE neuropsychological battery *Clin Nutr.* 2016;35:1301-1307.
 32. Collell R, Closa-Monasterolo R, Ferré N, Luque V, Koletzko B, Grote V, Janas R, **Verduci E**, Escribano J. Higher protein intake increases cardiac function parameters in healthy children: metabolic programming by infant nutrition-secondary analysis from a clinical trial. *Pediatr Res.* 2016;79:880-8.
 33. Marangoni F, Cetin I, **Verduci E**, Canzone G, Giovannini M, Scollo P, Corsello G, Poli. Maternal Diet and Nutrient Requirements in Pregnancy and Breastfeeding. An Italian Consensus Document. *Nutrients.* 2016;8.
 34. **Verduci E**, Banderali G, Moretti F, Lassandro C, Cefalo G, Radaelli G, Salvatici E, Giovannini M. Diet in children with phenylketonuria and risk of cardiovascular disease: A narrative overview. *Nutr Metab Cardiovasc Dis* 2016;26:171-7.
 35. Escribano J, Luque V, Canals-Sans J, Ferré N, Koletzko B, Grote V, Weber M, Gruszfeld D, Szott K, **Verduci E**, Riva E, Brasselle G, Poncelet P, Closa-Monasterolo R. Mental performance in 8-year-old children fed reduced protein content formula during the 1st year of life: safety analysis of a randomised clinical trial. *Br J Nutr* 2016; 22:1-9.
 36. Grote V, **Verduci E**, Scaglioni S, Vecchi F, Contarini G, Giovannini M, Koletzko B, Agostoni C. Breast milk composition and infant nutrient intakes during the first 12 months of life. *Eur J Clin Nutr.* 2016;70:250-6.
 37. **Verduci E**, Lassandro C, Giacchero R, Miniello VL, Banderali G, Radaelli G. Change in Metabolic Profile after 1-Year Nutritional-Behavioral Intervention in Obese Children. *Nutrients.* 2015;7:10089-99.
 38. Banderali G, Martelli A, Landi M, Moretti F, Betti F, Radaelli G, Lassandro C, **Verduci E**. Short and long term health effects of parental tobacco smoking during pregnancy and lactation: a descriptive review. *J Transl Med.* 2015;13:327.
 39. Lassandro C, Banderali G, Radaelli G, Borghi E, Moretti F, **Verduci E**. Docosahexaenoic Acid Levels in Blood and Metabolic Syndrome in Obese Children: Is There a Link? *Int J Mol Sci.* 2015;16:19989-20000.
 40. **Verduci E**, Lassandro C, Radaelli G, Soldati L. Docosahexaenoic acid and non-alcoholic fatty liver disease in obese children: a novel approach? *J Transl Med.* 2015;13:109.
 41. Barberi S, Ciprandi G, **Verduci E**, D'Auria E, Poli P, Pietra B, Incorvaia C, Buttafava S, Frati F, Riva E. Effect of high-dose sublingual immunotherapy on respiratory infections in children allergic to house dust mite. *Asia Pac Allergy.* 2015;5:163-9.
 42. Fekete K, Györei E, Lohner S, **Verduci E**, Agostoni C, Decsi T. Long-chain polyunsaturated fatty acid status in obesity: a systematic review and meta-analysis. *Obes Rev.* 2015;16:488-97.
 43. Gruszfeld D, Weber M, Nowakowska-Rysz M, Janas R, Kozlik-Feldmann R, Xhonneux A, Carlier C, Riva E, **Verduci E**, Closa-Monasterolo R, Escribano J, Dobrzanska A, Koletzko B. Protein Intake in Infancy and Carotid Intima Media Thickness at 5 Years - A Secondary Analysis from a Randomized Trial. *Ann Nutr Metab.* 2015;66:51-9

44. Kirchberg FF, Harder U, Weber M, Grote V, Demmelmair H, Peissner W, Rzehak P, Xhonneux A, Carlier C, Ferre N, Escribano J, **Verduci E**, Socha P, Gruszfeld D, Koletzko B, Hellmuth C; for The European Childhood Obesity Trial Study Group. Dietary protein intake affects amino acid and acylcarnitine metabolism in infants aged 6 months. *J Clin Endocrinol Metab.* 2014 *J Clin Endocrinol Metab.* 2015;100:149-58.
45. D'Auria E, Barberi S, **Verduci E**, Boccardi D, Radaelli G, Riva E. Serum cholesterol profile in young children with atopic dermatitis. *J Paediatr Child Health.* 2014;50:1031-2.
46. Giovannini M, **Verduci E**, Gregori D, Ballali S, Soldi S, Ghisleni D, Riva E; PLAGOS Trial Study Group. Prebiotic effect of an infant formula supplemented with galacto-oligosaccharides: randomized multicenter trial. *J Am Coll Nutr.* 2014;33:385-93.
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53. **Verduci E**, Agostoni C, Radaelli G, Banderali G, Riva E, Giovannini M. Blood lipids profile in hyperlipidemic children undergoing different dietary long chain polyunsaturated supplementations: a preliminary clinical trial. *Int J Food Sci Nutr.* 2014;65:375-9.
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55. Norsa L, Shamir R, Zevit N, **Verduci E**, Hartman C, Ghisleni D, Riva E, Giovannini M. Cardiovascular disease risk factor profiles in children with celiac disease on gluten-free diets. *World J Gastroenterol.* 2013;19:5658-64.
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57. Rzehak P, Grote V, Lattka E, Weber M, Gruszfeld D, Socha P, Closa-Monasterolo R, Escribano J, Giovannini M, **Verduci E**, Goyens P, Martin F, Langhendries JP, Demmelmair H, Klopp N, Illig T, Koletzko B; for the European Childhood Obesity Trial Study Group. Associations of IGF-1 gene variants and milk protein intake with IGF-I concentrations in infants at age 6months - Results from a randomized clinical trial. *Growth Horm IGF Res* 2013;23:149-58.
58. Luque V, Escribano J, Mendez-Riera G, Schiess S, Koletzko B, **Verduci E**, Stolarczyk A, Martin F, Closa-Monasterolo R. Methodological Approaches for Dietary Intake Assessment in Formula-fed Infants. *J Pediatr Gastroenterol Nutr.* 2013;56:320-7.
59. Riva E, **Verduci E**, Banderali G, Capra ME, Giovannini M. Comparison of the Nutritional Values of Toddler Milks. *International Journal of Child Health and Nutrition* 2013;2:85-98.

60. **Verduci E**, Arrizza C, Riva E, Giovannini M. Microbiota and infantile colic: what's new?
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Total citations 1617